

2017 REGION 10 JUNIOR OLYMPIC CHAMPIONSHIPS
SCHEDULE OF EVENTS

Thursday July 6, 2017

7:00 A.M.	Decathlon	(15-16B , 17-18B)
7:30 A.M.	Pentathlon	(13-14B)
7:45 A.M.	Heptathlon	(15-16 17-18G)
8:15 A.M.	Pentathlon	(13-14G)

Friday, July 7, 2017

7:00 A.M.	Decathlon	(15-16B, 17-18B)
7:30 A.M.	Pentathlon	(11-12B)
7:30 A.M.	Heptathlon	(15-16G, 17-18G)
7:45 A.M.	Steeplechase	(15-16B, 17-18B)
8:00 A.M.	Steeplechase	(15-16B, 17-18G)
8:00 A.M.	Triathlon	(9-10B)
8:00 A.M.	Hammer	(15-16B, 17-18B)

8:00 A.M.	Hammer	(15-16G, 17-18G)
8:30 A.M.	Pentathlon	(11-12G)
9:00 A.M.	Triathlon	(9-10G)
9:15 A.M.	Race Walk	(13-14G, 13-14B)
9:15 A.M.	Race Walk	(15-16G, 15-16B)
9:15 A.M.	Race Walk	(17-18G, 17-18B)

10:45 A.M.	Race Walk	(11-12G, 11-12B)
11:00 A.M.	Race Walk	(9-10G, 9-10B)

Session 1 - 7:00 A.M. Saturday July 8, 2017

Rolling Time Schedule

Track Events

8:00 A.M.	3000m Run	final	11-12, 13-14, 15-16, 17-18 G/B
	4x400 Relay	prelims/final	all ages
	100m Dash	prelims/final	all ages
	400m Hurdles	prelims/final	17-18B, 15-16B/17-18G,15-16G
	200m Hurdles	prelims/final	13-14B, 13/14G
	200m Dash	prelims/final	all ages
	800m Dash	final	all ages

Field Events

Triple Jump North Pit	Triple Jump Infield Pit	High Jump	Shot Put	Discus	Mini Javelin	Pole Vault
17-18B	13-14G	13-14B	17-18B	11-12B	9-10G	13-14G
15-16B	15-16G	9-10G	15-16B	15-16G	11-12G	15-16G
13-14B	17-18G	9-10B	13-14B		8 & Under G	17-18G
			11-12B			

Session 2 - 6:00 P.M. Saturday July 8, 2017

Rolling Time Schedule

Track Events

6:00 P.M.	4x100 Relay	prelims/final	all ages
	400m Dash	prelims/final	all ages
	110m Hurdles	prelims/final	17-18B, 15-16B
	100m Hurdles	prelims/final	17-18B, 15-16G
	100m Hurdles	prelims/final	13-14B, 13-14G
	80 m Hurdles	prelims/final	11-12B, 11-12G
	4x800 Relay	final	11-12, 13-14, 15-16, 17-18 G/B

Field Events

Long Jump North Pit	Long Jump Infield Pit	High Jump	Shot Put	Discus	Javelin	Pole Vault
8 & Under B	13-14G	15-16B	9-10B	17-18G	13-14G	15-16B
9-10B	17-18G	17-18B	8 & Under B	13-14B	15-16B	17-18B
13-14B	15-16G	11-12G	8 & Under G		17-18B	13-14B
		15-16G	9-10G			

Session 3 -7:00 A.M. Sunday July 9, 2017

Rolling Time Schedule

Track Events

7:00 A.M.	Parade of Athletes		all athletes
7:30 A.M.	1500m Run	final	all ages
	4x100 Relay	final	all ages
	110m Hurdles	final	15-16B, 17-18B
	100m Hurdles	final	15-16B, 17-18G
	100m Hurdles	final	13-14B, 13-14G
	80m Hurdles	final	11-12B, 11-12G
	100m Dash	final	all ages
	Break		
	400m Dash	final	all ages
	400m Hurdles	final	17-18B, 15-16B/17-18G,15-16G
	200m Hurdles	final	13-14B, 13/14G
	200m Dash	final	all ages
	4x400m Relay	final	all ages

Field Events

Long Jump North Pit	Long Jump Infield Pit	High Jump	Shot Put	Discus	Javelin	Mini Javelin
9-10G	15-16B	11-12B	13-14G	11-12G	17-18G	8 & UnderB
8 & UnderG	17-18B	13-14G	11-12G	15-16B	15-16G	9-10B
11-12G	11-12B	17-18G	17-18G 15-16G	17-18B 13-14G	13-14B	11-12B