

2017 REGION 10 JUNIOR OLYMPIC CHAMPIONSHIPS
SCHEDULE OF EVENTS

Thursday July 6, 2017

| | | |
|-----------|------------|-------------------|
| 7:00 A.M. | Decathlon | (15-16B , 17-18B) |
| 7:30 A.M. | Pentathlon | (13-14B) |
| 7:45 A.M. | Heptathlon | (15-16 17-18G) |
| 8:15 A.M. | Pentathlon | (13-14G) |

Friday, July 7, 2017

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|-----------|--------------|------------------|
| 7:00 A.M. | Decathlon | (15-16B, 17-18B) |
| 7:30 A.M. | Pentathlon | (11-12B) |
| 7:30 A.M. | Heptathlon | (15-16G, 17-18G) |
| 7:45 A.M. | Steeplechase | (15-16B, 17-18B) |
| 8:00 A.M. | Steeplechase | (15-16B, 17-18G) |
| 8:00 A.M. | Triathlon | (9-10B) |
| 8:00 A.M. | Hammer | (15-16B, 17-18B) |

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| 8:00 A.M. | Hammer | (15-16G, 17-18G) |
| 8:30 A.M. | Pentathlon | (11-12G) |
| 9:00 A.M. | Triathlon | (9-10G) |
| 9:15 A.M. | Race Walk | (13-14G, 13-14B) |
| 9:15 A.M. | Race Walk | (15-16G, 15-16B) |
| 9:15 A.M. | Race Walk | (17-18G, 17-18B) |

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| 10:45 A.M. | Race Walk | (11-12G, 11-12B) |
| 11:00 A.M. | Race Walk | (9-10G, 9-10B) |

Session 1 - 7:00 A.M. Saturday July 8, 2017

Rolling Time Schedule

Track Events

| | | | |
|-----------|--------------|---------------|--------------------------------|
| 8:00 A.M. | 3000m Run | final | 11-12, 13-14, 15-16, 17-18 G/B |
| | 4x400 Relay | prelims/final | all ages |
| | 100m Dash | prelims/final | all ages |
| | 400m Hurdles | prelims/final | 17-18B, 15-16B/17-18G,15-16G |
| | 200m Hurdles | prelims/final | 13-14B, 13/14G |
| | 200m Dash | prelims/final | all ages |
| | 800m Dash | final | all ages |

Field Events

| Triple Jump North Pit | Triple Jump Infield Pit | High Jump | Shot Put | Discus | Mini Javelin | Pole Vault |
|--------------------------|----------------------------|--------------|-------------|--------|-----------------|------------|
| 17-18B | 13-14G | 13-14B | 17-18B | 11-12B | 9-10G | 13-14G |
| 15-16B | 15-16G | 9-10G | 15-16B | 15-16G | 11-12G | 15-16G |
| 13-14B | 17-18G | 9-10B | 13-14B | | 8 & Under G | 17-18G |
| | | | 11-12B | | | |

Session 2 - 6:00 P.M. Saturday July 8, 2017

Rolling Time Schedule

Track Events

| | | | |
|-----------|--------------|---------------|--------------------------------|
| 6:00 P.M. | 4x100 Relay | prelims/final | all ages |
| | 400m Dash | prelims/final | all ages |
| | 110m Hurdles | prelims/final | 17-18B, 15-16B |
| | 100m Hurdles | prelims/final | 17-18B, 15-16G |
| | 100m Hurdles | prelims/final | 13-14B, 13-14G |
| | 80 m Hurdles | prelims/final | 11-12B, 11-12G |
| | 4x800 Relay | final | 11-12, 13-14, 15-16, 17-18 G/B |

Field Events

| Long Jump North Pit | Long Jump Infield Pit | High Jump | Shot Put | Discus | Javelin | Pole Vault |
|------------------------|--------------------------|--------------|-------------|--------|---------|------------|
| 8 & Under B | 13-14G | 15-16B | 9-10B | 17-18G | 13-14G | 15-16B |
| 9-10B | 17-18G | 17-18B | 8 & Under B | 13-14B | 15-16B | 17-18B |
| 13-14B | 15-16G | 11-12G | 8 & Under G | | 17-18B | 13-14B |
| | | 15-16G | 9-10G | | | |

Session 3 -7:00 A.M. Sunday July 9, 2017

Rolling Time Schedule

Track Events

| | | | |
|-----------|--------------------|-------|------------------------------|
| 7:00 A.M. | Parade of Athletes | | all athletes |
| 7:30 A.M. | 1500m Run | final | all ages |
| | 4x100 Relay | final | all ages |
| | 110m Hurdles | final | 15-16B, 17-18B |
| | 100m Hurdles | final | 15-16B, 17-18G |
| | 100m Hurdles | final | 13-14B, 13-14G |
| | 80m Hurdles | final | 11-12B, 11-12G |
| | 100m Dash | final | all ages |
| | Break | | |
| | 400m Dash | final | all ages |
| | 400m Hurdles | final | 17-18B, 15-16B/17-18G,15-16G |
| | 200m Hurdles | final | 13-14B, 13/14G |
| | 200m Dash | final | all ages |
| | 4x400m Relay | final | all ages |

Field Events

| Long Jump North Pit | Long Jump Infield Pit | High Jump | Shot Put | Discus | Javelin | Mini Javelin |
|--------------------------------|----------------------------------|----------------------|---------------------|---------------|----------------|-------------------------|
| 9-10G | 15-16B | 11-12B | 13-14G | 11-12G | 17-18G | 8 & UnderB |
| 8 & UnderG | 17-18B | 13-14G | 11-12G | 15-16B | 15-16G | 9-10B |
| 11-12G | 11-12B | 17-18G | 17-18G | 17-18B | 13-14B | 11-12B |
| | | | 15-16G | 13-14G | | |